

## **Pre-Op Information for the Dermatology Clinic Patient**

You will be having surgery in the Dermatology Clinic. This sheet will tell you what how to get ready and what to expect the day of surgery.

### **Getting Ready**

**Please call the Dermatology Clinic (the phone number is listed on the back of this sheet), if you take aspirin, warfarin (Coumadin), medicine for arthritis or pain such as ibuprofen (Advil, Motrin, Nuprin) or naproxen (Naprosyn, Aleve, Anaprox) or any of the medications listed on the back of this sheet. Ask to speak to a nurse or your doctor.**

Eat a normal breakfast the morning of your surgery. If you have an afternoon appointment, eat lunch before you come to the clinic. Food will not interfere with your surgery. You might be uncomfortable if you are too hungry.

Take all your usual medications, unless you have been told not to by the Dermatology Clinic doctor or nurse.

Surgery can be stressful, so we suggest that you bring someone with you who can drive you home, if possible. If you are having surgery on your face, the bandages may block your vision.

Wear comfortable clothes. Empty your bladder in the patient's restroom while you wait.

Your surgery will be done in the Dermatology Clinic. You will not have to go somewhere else. Come to the clinic at your scheduled time. Do not come early. Certain times are set aside for surgery. We do not start early.

Tell your doctor if you are allergic to any medications.

Local anesthesia is used. You will not be put to sleep. The surgery can take up to one hour or more. We will try to make you comfortable. Tell the nurses if you have any special needs (if you cannot lie flat, have a bad shoulder, etc.)

### **After Surgery**

When the operation is finished the wound will either be closed with sutures (stitches) or left open to heal on its own. The plan will be discussed with you when you have surgery.

You should rest at home the evening of your surgery. Avoid strenuous activities like household repairs, yard work, long shopping trips, and sports. This gives your wound a good start on healing. Depending on the location of the surgery, you may not be able to use part of your body until the stitches are removed or the wound has healed. It is a good idea to plan ahead for this. You will be given a care plan and the time of your next appointment the day of surgery.

If you take any of the drugs listed below or if you have any questions before your surgery, please call the Dermatology Clinic at (612) 467-5524, Monday-Friday between 8:00 a.m. and 4:30 p.m.

### **Non-Steroidal Anti-Inflammatory Drugs**

<b>Generic Name</b>	<b>Brand Name</b>
celecoxib	Celebrex
diclofenac, diclofenac sodium	Voltaren, Cataflam
etodolac	Lodine
fenoprofen	Nalfon
flubiprofen	Ansaid
ibuprofen	Motrin, Advil, Nuprin
indomethacin	Indocin
ketoprofen	Orudis, Actron, Oruvail
ketorolac	Toradol
meclofenamate	Meclomen
mefenamic acid	Ponstel
nabumetone	Relafen
naproxen, naproxen sodium	Anaprox, Naprosyn, Aleve, Napreelan
oxaprozin	Daypro
piroxicam	Feldene
rofecoxib	Vioxx
sulindac	Clinoril
tolmetin	Tolectin

### **Salicylates**

aspirin, buffered, enteric coated, etc	
choline salicylate	Arthropan, Trilisate
diflunisal	Dolobid
magnesium salicylate	Doan's, Magan, Magsal
salicylate combinations	Trilisate
salsalate	Disalcid, Salflex, Salsitab

### **Antiplatelet Agents**

abciximab	ReoPro
dipyridamole	Persantine
ticlopidine	Ticlid
clopidogrel	Plavix

### **Anticoagulants**

coumadin	Warfarin
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### **Hemorheologic**

pentoxifylline	Trental
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